

Sequence

Care Group



NEWSLETTER

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Sequence

'Richer Lives'

Socials:

Website: www.sequencecaregroup.co.uk

Twitter: twitter.com/SequenceCare

MEET THE TEAM



Robert Dalrymple - Chief Operating Officer

I lead Sequence's day-to-day operations including overseeing each of the operational care home teams. I have over 15 years' experience working with people who require support in a range of health and social care settings, including 10 years as a senior manager. My responsibilities span operational and business development roles, leading on the growth of the business over the last 2 years, including 2 successful acquisitions (65 beds) and the development of 5 new services (33 beds)



Rennie Lee - Sequence Care Operations Manager

I have worked in the care industry for 19 years, previously working as a Registered Manager and Regional Manager. Managing care homes has given me experience with adults with mental health needs, learning disabilities, adults on the autism spectrum as well as people with dual and complex needs. Providing quality care that empowers individuals is our primary aim at Sequence Care Group.



Saheed Shutti - Sequence Care Operations Manager

I have been working in the Health and Social Care field for 22 years. I started as an Outreach Support Worker in the community and later changed to work in residential settings as a Senior Support Worker, then appointed as Deputy Manager, Acting Service Manager and later becoming a CQC registered Manager within Sequence Care Group, before being promoted to my current role. I have gained a Master in International Management and Marketing. I have qualifications in Health and Social Care level 3 and QCF Leadership and Management Level.

One of the key elements we celebrate about Sequence Care Group services is the depth of our skills and experience. We either recruit the best available staff or through training and development we support staff to professionally grow rewarding careers.

We have our own Multi-Disciplinary Teams which include Positive Behaviour Support, Occupational Therapy and Speech and Language Therapy. These specialist elements combined with skilled and well-trained home staff and management, allows Sequence Care Group to provide enabling and robust support to people with complex needs.

We would like to introduce two of our newest members of our Specialist Team, Irit Garty, who has joined as a Positive Behaviour Practitioner and Enda King-Newell who has joined as a Speech & Language Therapy Manager. Here is a little introduction to Irit and Edna and we welcome them to our team and look forward to them adding to the high standards of support we proudly provide.



Irit Garty - Positive Behaviour Practitioner

I have over 20 years of experience in social care, I have been a Support Worker, a Residential Home Manager and a Behaviour Support Practitioner/Therapist and have Masters in Intellectual and Developmental Disabilities. I am passionate about enhancing people's quality of life and reducing people's need to use behaviours of concern to communicate their needs.



Edna King-Newell - Speech & Language Therapy Manager

Highly Specialist Speech and Language therapist with many years of NHS and private sector experience. I have experience of working with a wide range of children and adults with Learning Disabilities, Autism and Complex Needs. I have a special interest in Augmentative and Alternative Communication, including high tech devices such as Eye Gaze, use of iPads with specialist communication software, low tech AAC using visual support, Makaton signing, PECS, Talking Mats etc. I am trained in dysphagia, Intensive Interaction, Working with Adult Stammering etc.

YOUR COMMENTS ON OUR SERVICES

"I have found St James Mews to be very effective and efficient with communication especially with raising safeguarding's and alerting care management with incident reports on behalf of their clients and making contact with clients.

St James' Mews have a very good understanding of their clients and deliver person-centred care and support tailored to their needs.

Staff are effective in building good relationships with their clients and partners to deliver the best possible care. Staff promote clients strengths, abilities through positive reinforcement to enable clients to achieve their full potential. Staff also enforce boundaries and consequences where possible to enable clients to understand the impact of challenging behaviour through their positive behaviour support team, and where possible lean on partners to access help and intervention". Comment from a Social Worker



This is a room, prepared for a young man due to move into our residential home in High Wycombe. Caring, imaginative and person-centred work by the home has created a wonderful personal space for him.



SEQUENCE CARE CARPENTER

At Sequence we pride ourselves in creating new experiences for Service Users. The St. James Staff managed to provide an amazing experience for a Service User. He learnt how use tools and created a masterpiece whilst have a great time!



LUCAS HOUSE

Supporting teens with complex needs.

Welcome to Lucas House

Lucas House is part of Sequence who provide specialist supported living services to people with complex learning or mental health needs and/or Autism from the ages of 16 years old through to adulthood. Sequence also provides adult residential services to people with the same range of needs.

Specialist MDT:

- ✗ Positive Behaviour Support
- ✗ Speech & Language Therapy
- ✗ Occupational Therapy



CASE STUDY

We enjoy celebrating the work we do; you can find more on our socials. The following is a case study on CB moving into Connington. CB was the first person to move into the new building!

CB case study

CB was the first person to move in to Connington in 2019, after the home had been closed for a year. CB was an emergency referral from hospital. She had been admitted to hospital following a fall that resulted in a fractured hip. An assessment took place and there wasn't a great deal of information about her, other than what the hospital could provide. We accepted her placement and supported her transition to Connington.



CB had to deal with a great deal of adjustment when moving to Connington after spending six weeks in hospital. For example, CB had been using a wheelchair whilst in hospital in order to facilitate her cigarette breaks. When she moved to Connington, CB was

supported and encouraged to walk to the smoking area in order to have her cigarettes accompanied by her support staff. With continued support CB has made a lot of improvements surrounding her cigarette breaks. She has developed more independence an example being that she now only needs one staff. In addition, CB previously had to have staff hold on to her walker for the duration of her cigarette break due to her fear of falling. This is no longer the case; CB is much more stable and confident now.

Another way in which CB gained more independence with her personal care. This is such an important area in terms of her dignity and privacy. When CB had first moved in, she relied upon staff in all areas. We gradually built-up trusting relationships with her and provided her with dignified support, always encouraging her to undertake tasks herself. Then CB gradually gained more confidence and independence and she now only needs a supportive person available if she should need them.



CB's confidence and independence has flourished in other areas too. She can now do many more things for herself, like making cups of tea, getting a few nibbles from her cupboard, rinsing her dishes after dinner, and managing her laundry.

CB has a colourful character and is a vocal individual who can express her needs and wants. However, she sometimes needs encouragement to do so. For example, staff will encourage her to be as involved as possible with her food shopping. She has gradually grown and developed this area where she now will assist in writing a shopping list identifying the things she wants and needs then taking the short bus ride to the supermarket, sometimes she will ask staff to walk back to Connington for a bit of fresh air instead of catching the bus. CB has been enjoying this and it has allowed her to be more involved plus it gives her time with her keyworker, with whom she shares many conversations.



CB has a diagnosis of Bi-Polar disorder and mild learning disability; she requires a great deal of medication. Despite this, CB will comply with them and take them at the right times. CB also takes a food supplement as she was under-weight and may sometimes not eat well. Due

to her bi-polar, CB can sometimes experience low moods, and at these times, CB may need to be prompted to eat. It should be noted however that CB has put on more weight and appears much more physically healthier. This is believed to be a positive reflection about how she feels regarding her home and her life.

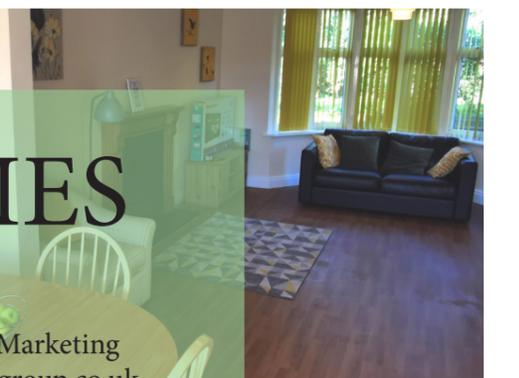
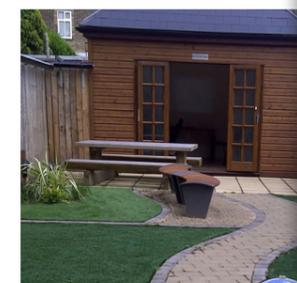
CB does not have any living relative and only has one friend external to Connington. We have tried to make up for this at Connington as much as possible by making sure CB does not feel alone and neglected. For her first Christmas in Connington, CB was the only person living in the home, but staff made sure to make it special by decorating the home, supporting CB to dress new clothes to make her feel extra special and cooking lovely food. The same efforts were made for her birthday. This forthcoming Christmas, 2020, CB will have additional company as more people have moved in. In a way, the staff at Connington have become a second family to CB.

A year later since her arrival, CB have grown and flourished. CB has gained more independence and confidence. CB's physical health has improved and she has gained weight. Staff continue to encourage a healthy lifestyle and whilst respecting her choice, positively promote the health benefits to stop smoking.

CB is a wonderfully colourful person who with nurturing, caring support has made Connington her home.



Connington House

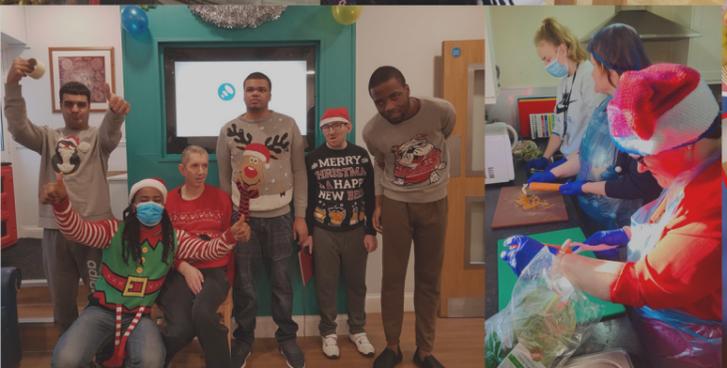


SOMERFORD PLACE CHRISTMAS DAY CELEBRATIONS

CHRISTMAS AT SEQUENCE CARE

CHECK OUT OUR:
VACANCIES
Contact Us:
Mark Horton - Head of Sales and Marketing
Email: Mark.Horton@sequencecaregroup.co.uk
Phone: 07884 588 761

Socials:
Website: www.sequencecaregroup.co.uk
Twitter: twitter.com/SequenceCare





LIAISE LODDON
Celebrating the positive

Socials:

Website: www.liaise.co.uk

Twitter: twitter.com/LiaiseLoddon



Happy anniversary to us! On 1st October 1995, Liaise Loddon opened our first home – Cornfields. 25 years later we have a portfolio of 11 Liaise homes and are now part of a much larger organisation – Sequence Care Group. It’s been an incredible journey, full of highs & lows, fun, laughter and sometimes tears, but most of all it’s been full of dedication from every person who has ever been a part of the Liaise family. All of our amazing co-workers, past and present, made this unique company what it is.



On that same day 25 years ago, Cathie Wyatt joined Liaise Loddon – she opened Cornfields and became Registered Manager there – 25 years later, she is Director of Care, but her dedication and passion for the people we support is just as strong as it was all those years ago.

Some know her as a director, some as a co-worker, and many as a good friend. We were hoping to have a big celebration with her, but due to the situation with COVID-19 this has not been possible. So, she had a mini celebration with Henrik, from the Positive Support team & Carol, Directors’ PA who had compiled a presentation of pictures and memories collected from past & present members of the Liaise team, and some of the service users – it made her smile, cry and laugh in equal measures. Thank you to everyone who contributed.



This is an article written by Linzi Holt

In 2020, the nation really got to understand how important getting outside for fresh air is to our mental health. Our garden space was invaluable, let us use it to its full again in 2021. There is always a reason to visit the garden:

January garden activity:

Check the garden has some easy viewing spots - A park bench or chairs from which to sit and reflect. Where can you enjoy the winter sun?

- Would planters make gardening sessions easier? - build some now ready for the growing season.
- Feed the birds
- Tidy up around the garden, sweep up leaves and debris to keep paths clear.
- Start planning what you want to grow this year- check out how your saved sunflower seeds are doing. Harvest will be upon us sooner than we expect!

Towards the end of January:

- Clean pots and greenhouses ready for spring.

Here are a couple of things you could be preparing:

- Gather up your pots- empty old contents and give them a good wash ready for new planting this year
- Check over your garden furniture- anything need repairing? Replacing?
- Put some food out for the birds, they really need our help when it’s cold. Make bird feeders or bird cakes.
- Make some eco paper pots for use next month to plant seeds in- sunflower growing will soon be upon us!
- Collect up bulb ordering seeds and make a scrap book of our favourite plants. And if it snows- wrap up warm and get out to enjoy it- doesn’t happen that often!



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Justine
 Karibu Place
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 Tadley
 Hampshire RG26 3HY

Wednesday, 12 August 2020

Dear Justine and staff members

The Big Basingstoke and Deane Thank You

It was so good to meet you in person recently and hear about your experiences during the pandemic.

I wanted to write and thank you formally, on behalf of the Borough of Basingstoke and Deane, for the exceptional service that you have given during the COVID-19 pandemic.

We are very proud to have in our locality a residential home which not only looks after its residents so well in normal times, but has risen to the considerable challenge of keeping them safe and calm during such difficult times.

With very best wishes

Cllr Diane Taylor
 Mayor of Basingstoke and Deane

MESSAGE FROM CORNFIELDS!

Hope everyone is coping well with lockdown 2.0. We have all being doing our bit with cleaning and keeping the home COVID safe and getting lots of exercise. We have also done letter writing to the families every week sending them pictures of our amazing service users Anna and Emily. They are supported to still keep in touch with them while they are unable to visit.

Thank you for all the cards, love and support shown to our Cornfields family recently. It really means so much to us all.



www.liaise.co.uk

- Working with us:** Exciting opportunities for care work in Basingstoke & Romsey, near Winchester & Southampton
- Resources:** COVID19 updates as well as creative ideas and activities to do whilst at home
- Our Outstanding Outcomes:** We are proud of the our wonderful services, learn about what makes them special

Feeling so happy that we have been given the opportunity for our COVID-19-19 Vaccine!



“On Sunday afternoon at around 3.30pm I had a call from Hampshire County Council , they said we have 25 vacancies for the vaccine at 8am tomorrow can you send 25 of your staff. Without thinking it was Sunday afternoon I said yes of course do you have anymore availability to which I was told yes 39 on Tuesday evening, can we have all of them as well please. It was a busy few hours but it was worth it as now a further 64 of our staff have had the vaccine reducing the risk to them and our service users.

Thanks everyone for going for your vaccines at such short notice. If anyone else wants to have the vaccine please contact me and I will contact HCC and see what we can do.” Cathie Wyatt - Care Director



Progress

'Richer Lives'



Socials:

Website: www.progresshousing.com

Twitter: twitter.com/ProgressHousin1

CAN'T GO OUT

The poem 'We Can't' has been written by two members of staff at Bramshaw, they spent the evening chatting to service users asking them what the current situation meant to them and how they felt about it, took their quotes and put it into a poem.

We can't go out.
I want to see my friends again.
No music.
I don't like it.
We can't go out more often.
I don't like it when I'm not sleeping.
We can't go out and do things.
Lockdown.
The virus
The virus
The virus.

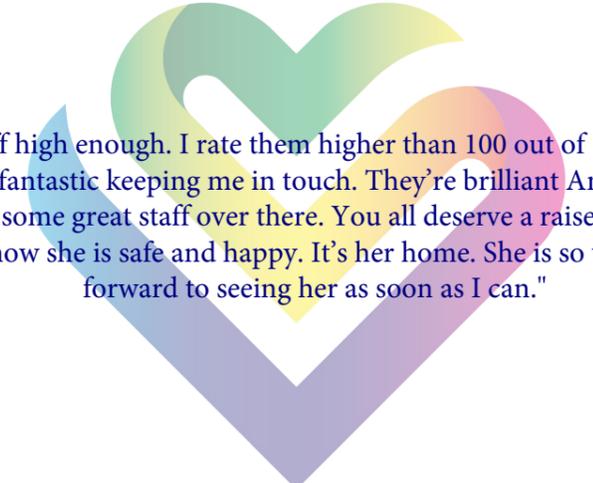
What is a virus?
It makes you ill.
Touch wood we have not had it yet
And I don't want it.
Bored.
I can't see my family.
I miss all my friends.
Family
Your family.
I'm missing my boyfriend.
Also we are missing the DJ.

We haven't been able to visit people on the bus.
I can't see Donna.
I can't wait to go on holiday
But we've got to wait.
We have to wait.

Because it's very important.
We have to wait.
I feel upset we can't go out.
You have to wear masks.
It must be awful for the staff.
I can't see your face
I can't see your face
He's a mask man.

I got new glasses.
My radio disappeared.
We can't go out you...
To have a break from Bramshaw
It is right.
I would like to go back but I can't
I want to go back.
We can't.

YOUR COMMENTS ON OUR SERVICES



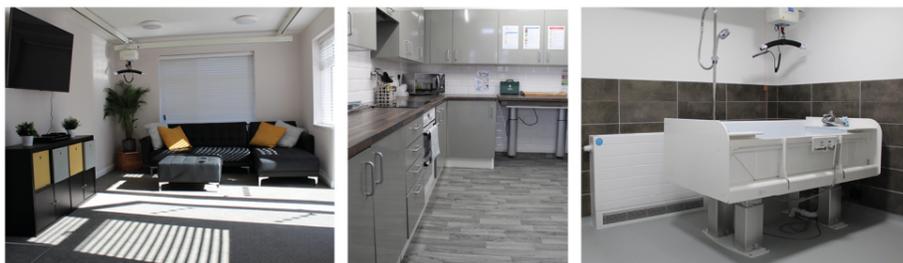
"I can't rate the staff high enough. I rate them higher than 100 out of 100. I speak as I know. Everyone has been fantastic keeping me in touch. They're brilliant Anna (the manager) and everybody. You have some great staff over there. You all deserve a raise! We are all very pleased with Marlow. We know she is safe and happy. It's her home. She is so well looked after. I look forward to seeing her as soon as I can."

Chantry Road

Welcome to Chantry Road

Facilities:

-  Bedrooms: 6 Available
-  Shower & Bath: Yes
-  Furnished: Yes
-  Wifi: Yes
-  Communal Areas: Yes
-  Transport: Yes
-  Station: Yes
-  Amenities: 1 min walk



Worthing
Worthing is a beautiful town in West Sussex, known for its vast scenic beaches and fantastic pier! When the weather is kind, a gentle sea breeze creates a calm and peaceful atmosphere. The community is accessible and friendly with many welcoming smiles.



Chantry is a lovely bungalow, which will provide residential care for 6 people with a range of complex health needs, including people living with a learning disability. Accommodation will be provided over two floors. On the ground floor, there are 4 en-suite bedrooms and beautifully presented communal areas including a large lounge, dining room and kitchen.

Chantry has a lovely garden area, which will be used for BBQ's and summer parties. Chantry is situated in Tarring, Worthing. The area is very quiet and peaceful with a picturesque park within walking distance.

Monika Mieczkowska
Registered Manager



I started my career as support worker in Progress Housing in 2016. Care is my passion and I really like to make positive changes in people's lives.

Working with people with learning disabilities is very rewarding for me. I believe disability should not stop individuals from learning and achieving a lot in their life if they have the right support.

For More Information:

Karly Mason - Area Manager
01903 232 446

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Bramshaw house staff and service users performed a nativity play!

"It was great, we set up a Zoom call with all the families projected onto our big screen afterwards so that they could send messages to the staff and Service Users. There was a party, disco afterwards. Everyone played a part in the play and dressing up was amazing.

It was a wonderful effort by all involved and great teamwork between staff and Service Users." - Karen, Bramshaw Manager

"I wanted to say how much we enjoyed and valued the nativity that you set up. The ability to join with other families and see the residents and staff creating a simple effective play with carols really brought tears to our eyes and made us realise how special events like these are in these really trying times. It was especially good that we could all join as a group of different households spread across the country, with us and Ian in Sheffield and Helen and Michal in Sussex.

We totally support the measures you have taken to restrict the spread of the virus in the home and think you have all done a great job. So thank you from the bottom of all our hearts for taking such great care of our loved ones." - Kathy & Andrew Groves and all John's family